



MGA Gymnastics Menu

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Gymnastics

Preschool Gymnastics

Gymnastics for boys and girls 2-3 years old. Watch them explore new challenges, develop awareness, gain new skills and coordination, and learn social skills. One parent is required to attend class.

Girls Pink Classes

Beginning level gymnastics classes for girls. Girls learn fundamentals on the four Olympic events (floor, vault, bars, and beam), and train flexibility and fitness. Age groups: 4-6yrs, 7-9yrs, and 10+.

Boys Champs Classes

Beginning level gymnastics classes for boys. Boys learn fundamentals on the six Olympic events (floor, pommel horse, rings, vault, parallel bars, and high bar), as well as flexibility and strength.

Pre-Teams and Teams

Girls Pink Plus Classes (Pre-Team)

Classes are 2 hours long and offer accelerated training on floor, vault, bars, and beam, as well as flexibility and strength training. Pink Plus is for ages 5 and up, and there is no prerequisite to attend.

Boys Champs Plus Classes (Pre-Team)

Classes are two hours long and are more accelerated in skill development on floor, pommel horse, rings, vault, parallel bars, and high bar, as well as flexibility and strength training.

Girls Competitive Gymnastics

Girls Gymnastics Jr. Olympic Program, Levels 4-Elite

Boys Competitive Gymnastics

Boys Gymnastics Jr. Olympic Program, Levels 4-Elite

T&T Competitive Team

Trampoline and Tumbling Team Coed all levels

Events/Parties/Closings

In-Gym Showcase Competitions: Turkey Day Challenge, Reindeer Games, Shamrock Showdown

Parties: Halloween Party, Christmas Party, Easter Egg Hunt

Closings: Labor Day Weekend, 4th of July Week, Halloween Night, Thanksgiving, Christmas, New Years Day, Memorial Day Weekend.

Gymnastics Fusions

Ninja Squad

Students learn coordination, strength, and agility from obstacle course training, basic gymnastics in Tumbling, Swinging, and Vaulting.

T&T Gymnastics

Trampoline and Tumbling program is for all children ages 5 yrs and up. Students learn skills on the 4 pieces of equipment: rod floor, double mini tramp, trampoline, and tumble track.

After-School Program

We offer after school pickup! All students receive an instructional class each day until you pick up by 6PM. Students will gain strength, coordination, and balance using gymnastics, ninja, and tumbling.

Summer Camp

MGA Girls and Boys Gymnastics Summer Camp is for kids ages 5-13. We teach a variety of activities throughout the 9-10 weeks we offer camp. Children are divided into groups according to gender, age, and skill level.

Additional Programs

Birthday Parties

Our birthday parties are offered for all ages for both boys and girls. We offer gymnastics, cheerleading, or parkour ninja warrior party theme party may be structured, free play, or a combination of the two. Our parties are offered during the week and on Sundays between the hours of 12PM-4PM.

Private Lessons

Private lessons are one-on-one classes with an MGA coach. Lesson caters to each student's specific needs, to help overcome trouble skills or to accelerate their progress.

Group Rentals/Group Discounts

We offer gym rentals and spring floor rentals for community groups, cheer groups, day care center camps, large parties, and group events. We also offer discounts for groups significantly off the standard rates.

Open Gyms

Our open gym time is designed for everyone to utilize the gym and the equipment independently. Coaches are available to assist in keeping you safe and to help with spotting. You do not have to be a member and friends and family are welcome.

MGA Gymnastics
110 Athletes Row
APOPKA, FL 32703

Membership Pricing \$30 annual fee

Other Pricing

	1 class/ wk	2 classes/ wk	3 classes/ wk	4 classes/ wk	5 classes/ wk	
CLASSES	Monthly	\$82	\$123	\$172	\$221	\$270
	6-Months	\$70	\$100	\$125	\$150	\$175
	12-Months	\$65	\$85	\$115	\$140	\$165
PRE-TEAM / TEAM	Pink Plus	\$130	\$175	\$215	\$255	\$295
	Champs Plus	\$130	\$175	\$215	\$255	\$295
	Girls Team	--	--	\$225	\$300	\$375
	Boys Team	--	--	\$225	--	--
	T&T Team	--	\$175	--	--	--

FREEDOM CARD - *Come as you want!*
\$120 for 10 classes (reservation required)

AFTER-SCHOOL PROGRAM - \$30 Annual Fee
\$100 per week (Monday - Friday)
\$35 -daily rate

SUMMER CAMP
\$180 per week (M-F, 9am-4pm), or \$40/day (week of)
 Extended Care (8am-6pm) - **\$45/wk** or \$15 per day

BIRTHDAY PARTIES
\$150 + \$35 per instructor 1 hr in gym, 30 min party area
 \$15 per additional child, \$30 additional 30 min.

OTHER PRICING
Open Gym - \$7/hr **Floor Rentals** - Contact Us
Private Lessons - \$50/hr

Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Sunday
4pm	Preschool	Preschool	Boys Champs	Preschool	12pm Preschool
	Pink 4-6yr	Pink 4-6yr	Pink 4-6yr	Pink 4-6yr	Pink 4-6yr
	Pink 7-9yr	Pink 7-9yr	Pink 7-9yr	Pink 7-9yr	1pm Pink 7-9yr
5pm	Ninja Squad	Ninja Squad	Ninja Squad	Ninja Squad	2pm Ninja Squad
	Pink 4-6yr	T&T Beg	Pink 4-6yr	T&T Beg	T&T Beg
	Pink 7-9yr	T&T Plus	Pink 7-9yr	T&T Plus	
		Boys Champs		Boys Champs	
6pm	T&T Beg	Preschool	T&T Beg	Preschool	
	T&T Plus	Pink 4-6yr	T&T Plus	Pink 4-6yr	
	Pink 4-6yr	Pink 7-9yr	Pink 4-6yr	Pink 7-9yr	
	Pink 7-9yr	Pink 10+yr	Pink 7-9yr	Pink 10+yr	
7pm	Pink 7-9yr	Pink 4-6yr	Pink 7-9yr	Pink 4-6yr	
	Pink 10+yr	Pink 7-9yr	Pink 10+yr	Pink 7-9yr	
	T&T Plus	Pink 10+yr	T&T Plus	Pink 10+yr	
	Ninja Squad		Ninja Squad	Adv. Tumbling	

Open Gyms
 Sunday 12:00-3:00pm
Adult Open Gym
 Tue/Thu 7:00-9:00pm
 \$7 per hour
Open to the public!

Birthday Parties
 Sunday 12:00-4:00pm

Team/Pre-Team

	Monday	Tuesday	Wednesday	Thursday	Sunday
Pink Plus - 2 hour long classes	5:00-7:00pm	4:00-6:00pm	5:00-7:00pm	4:00-6:00pm 6:00-8:00pm	
Girls Team - 2.5 hr long classes - 3 class/wk minimum	4:30-7:00pm	6:30-9:00pm	3:30-6:00pm	6:30-9:00pm	11:30am-2:00pm
Boys Champs Plus - 2 hour long classes		5:00-7:00pm		5:00-7:00pm	
Boys Team - 3 hour long classes	4:00-7:00pm	4:00-7:00pm		4:00-7:00pm	9:00am.-12:00pm
T&T Team - 2 hour long classes	6:00-8:00pm		6:00-8:00pm		